

## **BLUE STAR THERAPY, LLC.**

Individual, Couples, and Family Therapy  
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### **Sliding Fee Discount Program Policy**

**SUBJECT:** Sliding Fee Discount Program Policy

**EFFECTIVE DATE:** June 1, 2019 Revised: April 1, 2023

**POLICY:** To make available free or discounted services to those in need.

**PURPOSE:** All clients seeking therapy at BLUE STAR THERAPY, LLC. are assured that they will be served regardless of ability to pay. No one is refused service because of lack of financial means to pay. This program is designed to provide free or discounted care to those who have no means, or limited means, to pay for their medical services (uninsured or underinsured.)

BLUE STAR THERAPY, LLC. will offer a Sliding Fee Discount Program to all who are unable to pay for their services. BLUE STAR THERAPY, LLC. will base program eligibility on a person's ability to pay and will not discriminate on the basis of an individual's race, color, sex, national origin, disability, religion, age, sexual orientation, or gender identity. The [Federal Poverty Guidelines](#) are used in creating and annually updating the sliding fee schedule to determine eligibility.

### **PROCEDURE:**

The following guidelines are to be followed in providing the Sliding Fee Discount Program.

1. Notification: BLUE STAR THERAPY, LLC. will notify clients of the Sliding Fee Discount Program by:
  - Payment Policy Brochure will be available to all clients at the time of service.
  - Notification of the Sliding Fee Discount Program will be offered to each client upon admission.
  - Sliding Fee Discount Program application will be included with collection notices sent out by BLUE STAR THERAPY, LLC.
  - An explanation of our Sliding Fee Discount Program and our application form are available on BLUE STAR THERAPY, LLC.'s website.
  - BLUE STAR THERAPY places notification of the Sliding Fee Discount Program in the therapy office.

2. Request for discount: Requests for discounted services may be made by clients, family members, social services staff or others who are aware of existing financial hardship. The Sliding Fee Discount Program will only be made available for therapy visits. Information and forms can be obtained from the therapy office.
3. Administration: The Sliding Fee Discount Program procedure will be administered through the Therapy office. Information about the Sliding Fee Discount Program policy and procedure will be provided to clients. Staff are to offer assistance for completion of the application. Dignity and confidentiality will be respected for all who seek and/or are provided therapy services.
4. Completion of Application: The patient/responsible party must complete the Sliding Fee Discount Program application in its entirety. Staff will be available, as needed, to assist client/responsible party with applications. By signing the Sliding Fee Discount Program application, persons are confirming their income to BLUE STAR THERAPY, LLC. as disclose on the application form.
5. Eligibility: Discounts will be based on income and family size only.
  - a. Family is defined as: a group of two people or more (one of whom is the householder) related by birth, marriage, or adoption and residing together; all such people (including related subfamily members) are considered as members of one family. BLUE STAR THERAPY, LLC. will also accept non-related household members when calculating family size.
  - b. Income includes: gross wages; salaries; tips; income from business and self employment; unemployment compensation; workers' compensation; Social Security; Supplemental Security Income; veterans' payments; survivor benefits; pension or retirement income; interest; dividends; royalties; income from rental properties, estates, and trusts; alimony; child support; assistance from outside the household; and other miscellaneous sources.
6. Income verification: Applicants may provide one of the following: prior year W-2, two most recent pay stubs, letter from employer, or Form 4506-T (if W-2 not filed). Self Employed individuals will be required to submit details of the most recent three months of income and expenses for the business. Adequate information must be made available to determine eligibility for the program. Self-declaration of Income may be used. Clients who are unable to provide written verification may provide a signed statement of income.
7. Discounts: Those with incomes at or below 100% of poverty will receive a full 100% discount for health care services. Those with incomes above 100% of poverty, but at or below 200% of poverty, will be charged a nominal fee according to the attached sliding fee schedule. The sliding fee schedule will be updated during the first quarter of every calendar year with the latest [Federal Poverty Line Guidelines](#).
8. Nominal Fee: Clients with incomes above 100% of poverty, but at or below 200% poverty will be charged a nominal fee according to the attached sliding fee schedule and based on their family size and income. However, clients will not be denied services due to an inability to pay. The nominal fee is not a threshold for receiving care, and thus is not a minimum fee or co-payment.

9. Waiving of Charges: In certain situations, clients may not be able to pay the nominal or discount fee. Waiving of charges must be approved by BLUE STAR THERAPY, LLC.'s designated official. Any waiving of charges should be documented in the client's file along with an explanation.
10. Applicant notification: The Sliding Fee Discount Program determination will be provided to the applicant(s) in writing, and will include the percentage of Sliding Fee Discount Program write off, or, if applicable, the reason for denial. If the application is approved for less than a 100% discount or denied, BLUE STAR THERAPY, LLC.'s will work with the client and/or responsible party to establish payment arrangements. Sliding Fee Discount Program applications cover outstanding client balances for six months prior to application date and any balances incurred within 12 months after the approved date, unless their financial situation changes significantly. The applicant has the option to reapply after the 12 months have expired or anytime there has been a significant change in family income. When the applicant reapplies, the look back period will be the lesser of six months or the expiration of their last Sliding Fee Discount Program application.
11. Refusal to Pay: If a client verbally expresses an unwillingness to pay or vacates the premises without paying for services, the client will be contacted in writing regarding their payment obligations. If the client is not on the sliding fee schedule, a copy of the sliding fee discount program application will be sent with the notice. If the client does not make effort to pay or fails to respond within 60 days, this constitutes refusal to pay. At this point in time, BLUE STAR THERAPY, LLC. can explore options not limited to, but including offering the Client a payment plan, waiving of charges, or referring the client to collections.
12. Record keeping: Information related to Sliding Fee Discount Program decisions will be maintained and preserved in a centralized confidential file located in the Therapy Office, in an effort to preserve the dignity of those receiving free or discounted care.
  - a. Applicants that have been approved for the Sliding Fee Discount Program will be logged in BLUE STAR THERAPY, LLC.'s. practice management system, noting names of applicants, dates of coverage and percentage of coverage.
  - b. The Therapy office will maintain an additional monthly log identifying Sliding Fee Discount Program recipients and dollar amounts. Denials and applications not returned will also be logged.
13. Policy and procedure review: The Sliding Fee Schedule will be updated based on the current Federal Poverty Guidelines. BLUE STAR THERAPY, LLC. will also review possible changes in our policy and procedures and for examining institutional practices which may serve as barriers preventing eligible clients from having access to our community care provisions.
14. Budget: During the annual budget process, an estimated amount of Sliding Fee Discount Program service will be placed into the budget as a deduction from revenue.

**ATTACHMENTS:**

- **2023 Sliding Fee Schedule**
- **Client Application for the Sliding Fee Discount Program**

APPROVAL \_\_\_\_\_

REVISED \_\_\_\_\_

REVIEWED BY \_\_\_\_\_